

SUSSEX BEAUTY TRAINING SCHOOL



WHY CHOOSE US?

We offer Internationally recognised Qualifications.
Our tutors are renown within the industry and have won recognised awards within a commercial Salon environment.
We offer Post Graduate Training Courses with renown professionals within the industry.
We are passionate about offering quality one-to-one tuition and integrate our courses with additional enrichment training.

SYLLABUS FOR CIBTAC DIPLOMAS

WHAT IS CIBTAC?

CIBTAC – Confederation of International Beauty Therapy And Cosmetology - is an International examination Board recognised world-wide for the training and education of Beauty and Complementary Therapists.

In order to satisfy the requirements to hold CIBTAC accreditation, the school must offer a professional environment with very high standards in all areas. This high standard must be maintained and an extremely thorough process is undergone to achieve accreditation status.

There is a wide range of diplomas to choose from with only a few required restrictions. At the end of the course there is an examination in theoretical and practical studies and if the External Examiner is satisfied in every aspect, a CIBTAC Diploma will be awarded.

With a CIBTAC Diploma a therapist can work all over the world guaranteeing their employer a safe, competent and professional service. All CIBTAC courses are directly linked to employment within the industry.



AESTHETIC TREATMENTS (Option A) This course includes Uniform, Kit, Registration and Examination Fee

To obtain a Level 3 qualification you will also need to combine this course with a Massage and Anatomy and Physiology Qualification

ENTRY LEVEL	MINIMUM CONTACT REQUIREMENT	GENERIC SUBJECTS	OTHER SUBJECTS	EXAMINATION
<ul style="list-style-type: none"> A person displaying a high level of interpersonal, communication and listening skills 	<ul style="list-style-type: none"> 197 hours 	<ul style="list-style-type: none"> Electricity Health & Hygiene Skin structure and function Skin diseases Hair Nails Business studies Salon procedures 	<ul style="list-style-type: none"> Consultation Skin care/analysis Lash/Brow tinting Electrical treatments to face and neck Face,neck and shoulder massage Face masks Make up techniques Nail treatments Waxing treatments After care and home care Product knowledge and cosmetic science Anatomy of the head, face,neck, hands and feet 	<ul style="list-style-type: none"> Practical for 3 1/2 hours One multiple choice paper of 1 1/2 hours



SKIN TREATMENTS (Option A) This course includes Uniform, Kit, Registration and Examination Fee

This route to qualification is the modular option so that you can gain your level 2 or level 3 qualification in your own time frame. To obtain a full Level 2 qualification you will also need to complete a Waxing and a Nail treatment course. You can progress this to a level 3 qualification by taking the Electrical Facial and Massage and Anatomy and Physiology options.

ENTRY LEVEL	MINIMUM CONTACT REQUIREMENT	GENERIC SUBJECTS	OTHER SUBJECTS	EXAMINATION
<ul style="list-style-type: none"> A person displaying a high level of interpersonal, communication and listening skills 	<ul style="list-style-type: none"> 72 hours 	<ul style="list-style-type: none"> Health & Hygiene Skin structure and function Skin diseases Hair Business studies Salon procedures 	<ul style="list-style-type: none"> Consultation Skin care/analysis Lash/Brow treatments Face,neck and shoulder massage Face masks Make up techniques Product knowledge and cosmetic science Anatomy and physiology of the head, face,neck, hands and feet After care and home care 	<ul style="list-style-type: none"> Practical for 2 hours One multiple choice paper of 20 mins.



WAXING This course includes Kit, Registration and Examination Fee

ENTRY LEVEL	MINIMUM CONTACT REQUIREMENT	GENERIC SUBJECTS	OTHER SUBJECTS	EXAMINATION
<ul style="list-style-type: none"> A person displaying a high level of interpersonal, communication and listening skills 	<ul style="list-style-type: none"> 40 hours 	<ul style="list-style-type: none"> Health & Hygiene Skin structure and function Skin diseases Hair Business studies Salon procedures 	<ul style="list-style-type: none"> Consultation Contra-indications and after care Different types of waxing product Product knowledge Technique Treatment planning Alternative depilatory products and treatments After care and home care 	<ul style="list-style-type: none"> Practical of 45 mins. One multiple choice paper of 20 mins.



NAIL TREATMENTS This course includes, Kit, Registration and Examination Fee

ENTRY LEVEL	MINIMUM CONTACT REQUIREMENT	GENERIC SUBJECTS	OTHER SUBJECTS	EXAMINATION
<ul style="list-style-type: none"> A person displaying a high level of interpersonal, communication and listening skills 	<ul style="list-style-type: none"> 40 hours 	<ul style="list-style-type: none"> Health & Hygiene Nails Business studies Salon procedures 	<ul style="list-style-type: none"> Consultation Contra-indications and after care Nail treatments Nail Treatments Product knowledge Anatomy and physiology of the hands feet After care and home care 	<ul style="list-style-type: none"> Practical for 1 1/4 hours One multiple choice paper of 20 mins.



FACIAL ELECTRICAL This course includes Registration and Examination Fee

ENTRY LEVEL	MINIMUM CONTACT REQUIREMENT	GENERIC SUBJECTS	OTHER SUBJECTS	EXAMINATION
<ul style="list-style-type: none"> NVQ Level2 or CIBTAC Skin Treatments or equivalent. Plus a high level of interpersonal skills 	<ul style="list-style-type: none"> 60 hours 	<ul style="list-style-type: none"> Electricity 	<ul style="list-style-type: none"> Consultation Skin care/analysis Lash/Brow tinting Electrical treatments to face and neck After care and home care 	<ul style="list-style-type: none"> Practical for 1 1/2 hours One multiple choice paper of 20 hours



BODY MASSAGE This course includes Uniform, Kit, Registration and Examination Fee

ENTRY LEVEL	MINIMUM CONTACT REQUIREMENT	GENERIC SUBJECTS	OTHER SUBJECTS	EXAMINATION
<ul style="list-style-type: none"> A minimum of CIBTAC anatomy and physiology or equivalent, plus a high level of interpersonal skills 	<ul style="list-style-type: none"> 40 hours 	<ul style="list-style-type: none"> Health & Hygiene Skin diseases Business studies Salon procedures 	<ul style="list-style-type: none"> Consultation/Assessment Body Massage Aftercare After care and home care 	<ul style="list-style-type: none"> Practical for 1 hour One multiple choice paper of 30 mins.



ANATOMY AND PHYSIOLOGY This course includes Registration and Examination Fee

ENTRY LEVEL	MINIMUM CONTACT REQUIREMENT	GENERIC SUBJECTS	OTHER SUBJECTS	EXAMINATION
<ul style="list-style-type: none"> None 	<ul style="list-style-type: none"> 33 hours 	<ul style="list-style-type: none"> Skin structure and function Nutrition 	<ul style="list-style-type: none"> Anatomy and Physiology 	<ul style="list-style-type: none"> One multiple choice paper of 45 mins.



To qualify for a complete CIBTAC Holistic Therapy Diploma students must achieve qualifications in 4 out of the following options: Aromatherapy, Reflexology, Indian Head Massage, Stone Therapy, Thermal Auricular Therapy

AROMATHERAPY This course includes Uniform, Kit, Registration and Examination Fee

ENTRY LEVEL	MINIMUM CONTACT REQUIREMENT	GENERIC SUBJECTS	OTHER SUBJECTS	EXAMINATION
<ul style="list-style-type: none"> A recognised body therapy qualification or a minimum of CIBTAC anatomy and physiology and massage diploma or equivalent. Plus a high level of interpersonal skills 	<ul style="list-style-type: none"> 100 hours 	<ul style="list-style-type: none"> Health & Hygiene Skin structure and function Skin diseases Business studies Salon procedures Nutrition 	<ul style="list-style-type: none"> History of aromatherapy Philosophy of complementary therapies Olfactory system Chemistry of essential oils Mixing and blending of essential oils Pathology Client care and consultation Massage movements After care and home care 	<ul style="list-style-type: none"> Practical for 1 1/2 hours One multiple choice paper of 45 mins. Presentation of 30 case studies



INDIAN HEAD MASSAGE This course includes Kit, Registration and Examination Fee

ENTRY LEVEL	MINIMUM CONTACT REQUIREMENT	GENERIC SUBJECTS	OTHER SUBJECTS	EXAMINATION
<ul style="list-style-type: none"> A recognised body or beauty therapy qualification or a minimum of CIBTAC anatomy and physiology and massage diploma or equivalent. Plus a high level of interpersonal skills 	<ul style="list-style-type: none"> 30 hours 	<ul style="list-style-type: none"> Health & Hygiene Skin structure and function Skin diseases Hair Business studies Salon procedures Nutrition 	<ul style="list-style-type: none"> History of Indian head, neck and shoulder massage Philosophy of complementary therapies An understanding of Ayurveda Knowledge of Chakras and their involvement in Indian head massage Anatomy and physiology revision Pathology Client care and consultation Massage movements After care and home care 	<ul style="list-style-type: none"> Practical for 45mins. One multiple choice paper of 30mins. Presentation of 15 case studies



REFLEXOLOGY This course includes Kit, Registration and Examination Fee

ENTRY LEVEL	MINIMUM CONTACT REQUIREMENT	GENERIC SUBJECTS	OTHER SUBJECTS	EXAMINATION
<ul style="list-style-type: none"> A recognised body therapy qualification or a minimum of CIBTAC anatomy and physiology and massage diploma or equivalent. Plus a high level of interpersonal skills 	<ul style="list-style-type: none"> 100 hours 	<ul style="list-style-type: none"> Health & Hygiene Skin structure and function Skin diseases Business studies Salon procedures Nutrition 	<ul style="list-style-type: none"> History of aromatherapy Philosophy of complementary therapies Anatomy and physiology revision Anatomy and physiology of the hands and feet Theory of reflexology Mapping of the feet Pathology Client care and consultation Treatment routine After care and home care 	<ul style="list-style-type: none"> Practical of 1 1/2 hours One multiple choice paper of 45mins. Presentation of 30 case studies



STONE THERAPY This course includes Registration and Examination Fee

ENTRY LEVEL	MINIMUM CONTACT REQUIREMENT	GENERIC SUBJECTS	OTHER SUBJECTS	EXAMINATION
<ul style="list-style-type: none"> A recognised body therapy qualification or a minimum of CIBTAC anatomy and physiology and massage diploma or equivalent. Plus a high level of interpersonal skills 	<ul style="list-style-type: none"> 30 hours 	<ul style="list-style-type: none"> Skin structure and function Skin diseases Business studies Salon procedures Nutrition 	<ul style="list-style-type: none"> History of Stone therapy massage Philosophy of complementary therapies An understanding of Ayurveda Knowledge of Chakras and their involvement in the treatment Anatomy and physiology revision Structure, function and the benefits of the stones Use of the stones in massage treatments and massage movements Pathology Client care and consultation Aftercare 	<ul style="list-style-type: none"> Practical of 1 1/2 hours One multiple choice paper of 45mins. Presentation of 30 case studies



THERMAL AURICULAR THERAPY This course includes Kit, Registration and Examination Fee

ENTRY LEVEL	MINIMUM CONTACT REQUIREMENT	GENERIC SUBJECTS	OTHER SUBJECTS	EXAMINATION
<ul style="list-style-type: none"> A recognised body aesthetician qualification, Level 3 hairdressing or a minimum of CIBTAC anatomy and physiology and massage diploma or equivalent. Plus a high level of interpersonal skills 	<ul style="list-style-type: none"> 8 hours 	<ul style="list-style-type: none"> Health and Hygiene Skin structure and function Skin diseases Business studies Salon procedures Nutrition 	<ul style="list-style-type: none"> History of ear candles/thermal auricular therapy Structure and function of the candle Anatomy and physiology of the ear, to include the role of earwax Anatomy and physiology of the head Common diseases and disorders of the ear Contra-indications to treatment, indications/ contra-actions Benefits of treatment Client care, consultation and assessment Treatment routine/planning After care and home care 	<ul style="list-style-type: none"> Practical of 1 hour One multiple choice paper of 20mins. Presentation of 10 case studies